A Psychologist's Retort to A Psychiatrist's Assessment of Pres Trump's Mental Health Nancy Mroczek PhD January 8, 2018

Psychiatrist Dr Bandy Lee is reported to have briefed a dozen members of Congress in early December on the mental health of the president. This is a response to the points made by Dr Lee in an article published in the Guardian regarding the mental health of President Trump.

Dr Lee seems to easily equate aggressive personal style with commission of violence! **An** aggressive male or personality is not a violent male as Dr Lee seems to suggest. She refers to "past violence" of her subject, which begs the question: what "past violence"!

Dr Lee cites the president's "boasting about sexual assaults" as related to violence. Firstly, the manner in which President Trump told of touching women's parts was not boasting - it' was more a confiding of a 'believe it or not' variety about what one feels is good fortune, great giveaways, so to speak in the life of celebrity & Hollywood, where, as I've noted previously, all genders are in the game as it is played. Similarly, sex parties in Silicon valley have been described recently with interviewed women reporting how they provide themselves sexually at the parties as a means of advancing in careers. And for the Silicon males?: to the victors belong the spoils wherein 'nerd' types score bonanzas. It seems to me that many women (and men) will hate the president more to see this said in print.

Secondly the president is traditionally what has been called a red-blooded male who loves and is apparently roused by feminine beauty. Pictures of him with gorgeous babes typically shows the president's face to look as though he is sitting in the catbird seat. And the president does seem to be the type of male who feels successful, beaming, and having made it, to have glamorous babes at his side for an ego that yearns to be fed - an ego that is *not compensated* with arrogance but needy for validation of self value and worth. Interpretation: the president is human and has his own foibles as do we all. This is also what keeps him wanting to be reinforced - ie, to get collaborative acknowledgement, acceptance, and worthiness. And he wants to be, needs to be, exceptional. This however does not compromise logic or non-foolishness in his actions. **The president has a decided grip on reality**.

Dr Lee notes the president taunts Kim Jon Un. Yes the president is in a verbal confrontation with Kim. Thus far the president has managed to get some help from China in putting pressure on Kim - remarkable, but the president will get no credit for that as with other accomplishments. Also, the North and South Koreas have taken small steps toward communication just now. I believe the president is all bluff at this time and using his words to wrestle Kim to some form of change that is NOT a nuclear strike nor a preemptive US strike. It also may be that the generals he relies on have told him something must be done to manage NK.

Dr Lee notes recklessness as part of a pattern associated with violence (again -what violence?) as a thesis she promulgates. If you look at his work life to date, the president is not reckless. At the same time, the president is bold, very bold, and he surely wants the record of his presidency to look judicious and good (um, I mean great).

Dr Lee states "Paranoia and overwhelming feelings of weakness and inadequacy make violence very attractive, and powerful weapons very tempting to use – all the more so for their power." Tell that to HC and the Prince of Peace Obama about Libya.

Paranoia is impugned by Dr Lee as fitting with her thesis of violence. I say shame to indirectly attributing clinically defined paranoia to the president. Nevertheless, how do you think it feels to learn the FBI is monitoring conversations, etc, over the many months, and to have President Obama tell President Trump he wants everything to go as well as possible for him as the next president. And would it not at all be unjustified 'paranoia' to consider that people may be out to get you (hint: like contriving the whole monitoring & Russia saga). Remember the hostile faces of the grieving (excuse me I mean 'greeting') previous WH staff as President Trump made his early way to the WH?.

It's more amazing that President Trump has kept his head about himself given the supremely inordinate uncalled-for baptism by fire his presidency has been. If he is cautious about what perceived enemies may do next, he is well grounded to be so. Enemies WILL NOT REST & are becoming more & more vituperous as he still prevails. That's leftism too: if the first jabs prove ineffective, keep amping up the gain *until your goal is achieved:* to bring down the President.

For the record, I thought it was a great idea for Presidents Trump and Putin possibly to have a more amicable detente. The enemy press, enemy Democrats, and enemy Republicans destroyed that thus far.

"Lack of empathy" noted by Dr Lee as characteristic of violence (what violence?) is categorically untrue. It's for whom the empathy is more pronounced - in this case, police, veterans, military personnel, ICE, first responders, evangelicals, etc, versus, eg, illegal, and specifically illegal criminal, immigrants. Remember when President Trump sent the first Obamacare plan back to the house calling it "cruel"?

Remember when President Trump said he will not touch Social Security (we shall see, I know, as Republicans - eg, Ryan, - would love to do 'reform'). President Trump is neither Democrat nor Republican, he's Trump. Remember that the tax plan did nip at the more affluent and give breaks to the less affluent - something Republicans likely would not have done without President Trump. It's an homage to the president that he got anything for the non-affluent with a Republican Congress. Granted, perhaps those who worked the bill would disabuse me of this notion and prove me wrong.

As a person who has watched the vast majority of President Trump's verbal appearances in the form of speeches and rallies given, I say President Trump thinks, thinks deeply, & thinks on his

feet. The president likely does get bored which is hardly the same as missing things he needs to know. The president absorbs multiple things constantly. As he circles around points he is making within an array of their contexts and relations, he always brings the point home. (Secret: he is smart.)

The president is a straightforward, direct person of unfiltered candor (which are not keywords to cry frontal lobe!!!) Yes he can be nasty in criticism, but that not withstanding, can people stand the truth? Those of us who esteem the job he is doing love to hear from a politician the unvarnished truth of his thought. That truth is a miracle. The president doesn't even seem to get how nakedly candorous he is. His candor is not something new.

I say, oh, the poor-all-too-human mental health providers who have never seen the likes of such a personality in their routine conventional conforming professional & academicized existences. President Trump is worldly & practical & daring (as in adventuresome) - but he is not foolish.

Dr Lee says "pathology does not feel right to the healthy". I would ask Dr Lee: are you saying you yourself are healthy? "Pathology does not feel right to the healthy" is an ABSURD STATEMENT. Pathology is visited on the healthy every day, healthy who fail to realize pathology in the first place. I won't bother to enumerate here the myriad times something happens and persons who knew a perpetrator say he/she was such a nice guy/gal, he/she never imagined..., etc. How about the bona fide psychologist who recently resigned from Congress and about whom his staff told stories of reportedly outrageous, warped behavior.

Dr Lee notes as "worrisome" the Mueller 'investigation's effect on the president's "stability". Yes, the left is trying to *drive the president crazy* with unrelenting misinterpretations, outright fabrications, and a zealous hatred of all things Trump. The Russia profanity is one of many many slights, slurs, ridicules, hatreds, & tortures, persons have used to inflict harassment, strain, and preclusion of President Trump being able to advance his program and to be about the work of a president. It's nothing short of amazing that the president gets up each day & still does his job.

How it must HURT to be treated as he is being treated - to have everything misreported or twisted into something bad. Who on God's earth could continue to endure the inordinate bashing, smashing, trashing, and untruth, day in & day out, that has been promulgated onto President Trump. It's amazing, brilliant, that the paralyzing effect on the president from foreign and domestic forces leery of a person so besieged has not stifled altogether his advancements to date.

The US does itself no favors to harass the president so. A great number of people refuse his agenda plain & simple & want him gone by any means. The psychiatrizing of what is unwelcomed is a well worn communist tactic as is 'by any means necessary'.

The size of a nuclear button within the context of Kim Jon Ung's message followed by president Trump's is not a 'mine is bigger than yours'. It is a plain statement that US nuclear force is far superior to that of NK (ie in a contest NK doesn't stand a chance - which does not mean the president is toying with such a chance & does not mean the president does not appreciate the gravity of the circumstance). The button 'actually works' is a jab at things not being up to snuff in NK.

Finally, with the revved up campaign against our president, recent images of him in media that despise him have been images meant to show his face as unappealing, mean, 'disturbed' - frames to frame the mental health narrative. Ah, those leftists have got it going on.

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