

President Donald J Trump April 2026

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This essay is written in response to a Daily Beast interview by journalist Joanna Coles of psychologist John Gartner done April 7, 2026

The interview can be viewed at: <https://www.youtube.com/watch?v=BSnEJoKCJO0>

My response to the scathing interview follows --

Trump is 'T' & Gartner is 'G' in this essay:

To Ms Coles: listened to the interview of G done in April 2026

you were more rational & measured than G

G evinces a sense of severe disdain & disgust for T, likely longstanding & compromised by detestation from the get go

Likely he also despises the policies of T such as enforced immigration lawfulness, vaccine questioning, etc

T as a personality is shocking to many ordinary psychologists (& to other ppl)

T is singular man -- & a man he is -- the man is brave, bold (not foolish), & fortitudinous, whatever is thought of him

In 2026, I have only watched T at a couple of cabinet meetings, & at a big meeting with South American heads of state - he was classic T at each

When you asked G whether T's alleged condition can vary & you noted an ok state of union (which I did not watch),

G's answer was not correct

The chance that T's mind is shot, &, that on an occasion when his mind is displayed poignantly he performs as he should, is not how things work or don't work

Yes, function can be variable but one doesn't do buttoned-down ok speeches on occasions when it must be so

T may go rogue on those too - he's well aware & early-on used to talk about persons advising him to be more 'presidential' though he prefers to be himself

T gets bored in certain long pat convenings & he is tired, soooo tired I'm guessing at times; lack of sleep is a drag on the energized non-stop workaholic---

It's wondrous how many things T has tackled, & so many successfully, with much still in the works
T wants the US to be on top, competitive to China & to be 'a' or 'the' power that matters

T expects things to be paid for so that when he says he is opening the strait for countries at no charge, it's b/c in T's world everything usually comes with a charge -- that he wants paid

T is taking us through a time when we are leaving our old lives

(I for one, eg, bemoan ai vehemently),

There are also trips to outer space, crypto, etc, etc

T's trying to put into place things that will keep us on the cutting edge -

Personally I like nature & less tech

But if I were prez i would move the inevitable way of the world (or perish)

The 1st thing about T's physical self is likely fatigue

His indefatigable ways spare him no rest

The number of things he has tackled is a torrent of heavy duty stuff

Also, T is older, much more battle-worn, & with health issues - *So am I older & so are you*

So what

Older does not mean worse

T has a leg that pains him - not fair to talk about his gait when he has a dragging hurt leg - or both legs likely; clearly a gait of trouble with the leg sooner than with the head

T fears & loathes to ever look sickly, feeble, physically unable - in the past he's talked about the importance of presenting as physically able, strong, - eg, citing the sensitivity of a time he was ridiculed for stepping gingerly off a slippery incline

In the past, he's talked about so many things -- with candor; & now too, always w candor

Where will you find that in any human, let alone a pol

T has been pounded into the ground - yes he name calls, a terrible habit that garners resentment
But grossly grave injustices have been meted to him & even now he must put up with a press that deplores him, quotes him w/o context, misquotes him -----& ----- most of all --- omits the positive things, the successes, even the mundane things people might like to know - except to catch him in something with which to berate him - or make it up

I see the people on the street in the city in which I live with blood red 'revolution' verbiage on their apparel shilling forIran

as do apparently many Dems, revolutionists & others

The prez is attemptd to be stymied at every turn -

Do you think Dems like to see him do *so many* things & successfully - that is why they deprecate, harangue, obstruct, sabotage

Is Mark Penn a reasonable fellow? He, a Dem, writes on Dems trying to get Iran to win the war!

And i'll tell you what, there must be something to T's presidency inasmuch as people seem to be relatively sucking it up when prices are too damn high; you know he is there, paying attention, & fighting like hell; & yes inflation adds to the problems for GOP midterms

I won't get into it here; T is a rare personality; he also loves wealth & 'dies' for appreciation of himself which is a great personal vulnerability he has

appreciation not as in vanity - T is not arrogant

He, just like Judge Judy, knows he is smaht (state of ma pronunciatn)

T 'dies' for appreciation that people would find what he does great;

he's trying for what he does to *be* great

&, if the US looks great, so does he

T likes champions & is trying to be one

Again, not to be proud but to be appreciated (as in loved) particularly for skill & results

T is outrageous as in brazen, saucy outrageous

He's not shallow & I will not delve into his very deep personality - or it's flaws

I suspect your side will deride such characterization

Technically however, T is not a narcissist, a term thrown around with abandon these days

Most of all, T IS NOT MALEVOLENT

T is not doing war b/c of being 'evil' - he's freaked out by war; that's the part of the job he hopes to avoid; that's what caused the explosive message to Iran

Nor is T a saint - he's an outrage in the street venacular sense of the word - ie B O L D,
U N B R I D L E D

(I can understand how T's ways can seem unsettling)

G is malicious to use the word malevolent - I don't think E Fromm (who G cites) would agree with G on that

A narcissist does not show you how he is - **T exposes himself at every turn**

T is not grandiose; **he's not putting up a front**- he is all that daring & 'large' if you will & that is his personality

It's a chemistry that sours many

On cognition, i will not say more or anything; I have not watched much of him in 2026 & cannot have an opinion of the present

Certainly there is less spryness just with fatigue & age, but age is a good, not a bad, thing

T does not ramble; he free associates as in pulling everything on the table in by the tablecloth & then, then, he's back to, & *brings home*, the point - not for nothin'

Also, if you look closely/hard, you will see that so many things said by T turn out to be true

By the time they are shown to be true, people have forgotten

Events & issues scatter like papers in a windy gutter

The 1st impression most often remains especially b/c people don't have time to follow the mass of 'news', or any news for that matter

Unlike HRC who is poking her head these days, T will not tell you what you want to hear or *disguise* what you hear - classically known as lies & political speak; T will answer a question in plain english & very knowingly on any number of things from what little I've seen of late

I think T is more bold than ever, released to be even more freely himself;

To date, anything T has said is not w/o internal self-screening; T had explained once at a 1st term rally that though some of his verbalizations may seem over the top, ie, reckless, he remains, sensing & monitoring what he says & that he does not open up w/o being cognizant & self-permitting of what he is saying

T is at a 'shoot the works' time of his presidency

& he gets a hard time all day every day, every step, - challenged, berated, attempted to be pummeled, UNDERMINED!!!! KILLED!!!!!!

On top of being the person onto whom a deluge is foisted, non-stop

Any human under this PECULIARLY incessant barrage WHILE ALSO TRYING TO ACCOMPLISH SERIOUS THINGS, would have all of his capacities & powers stretched, & this makes things extra extra hard

-----EXTRA EXTRA HARD TAXES HIM & HIS STAMINA UNMERCIFULLY

Considering the (metaphorical) molotov cocktails & ied's, & contempt, T still perseveres & works like a dog

Speaking of rallies, T can no longer have those b/c of safety & they were very important to him

Finally, I think G relished his words too much about T b/c of an underlying a priori distaste; hardly arm's length & definitely not Goldwater rule

Also, it's not appropriate to have fun laughing about, ridiculing, a prez who is toiling like a dog - especially if you are a psychologist, or a reporter, for that matter

No kidding: read the following to understand the game T is working on in world 2026:

<https://wellington-altus.ca/april-market-insights-bretton-woods-2-0-the-new-great-game-and-trump/>

By the way, contrary to G, T's cabinet is very good - one may not like what cabinet persons propose but they are quite competent thank you, & tiers above the 1st term when T had no connections to those he needed but did his best to fill the posts

I wrote this in sincere communication - I hope you take it & treat it that way; I can imagine you disparaging & making hay with it

I do not agree with everything T says or does by a long shot; but I see things overall that the prez is doing & that matter greatly to me in terms practicality, a country, & common sense

I'll add too that the left-left never got over losing in 2016

To it the US gov was *theirs* to keep, and, they play *by any means necessary* since to get it back